2 EGGS ANY STYLE ON A ROLL......4.25 WITH 1 DECUNICE AND ON G 25 WITH 2 DECUNICES 7 25

WITH 1 OF CHOICE ADD ON 0.25 WITH 2 OF CHOICES 7.25
THE EYE OPENER
BUON GIORNO PANINI . 7.99 Potato, Egg & Cheese
SPARTAN. 9.95 Egg whites, turkey bacon and sausage, pepper turkey and swiss cheese on a roll
EGG WHITE SPECIAL 7.99 Fresh egg white with crumbled feta cheese and tomatoes in a grilled wheat wrap
HAM-N-EGG MELT . 11.95 Grilled cheese stuffed with ham, scrambled eggs, American cheese with a side of hashbrowns
I I

Eggs over medium, smoked mozzarella, chicken cutlet, roasted pepper dressing, on a grilled pita

EGG PLATTERS

INCLUDES HOMEFRIES OR SALAD AND TOAST

2 EGGS ANY STYLE 7.95 WESTERN PLATTER 9.99 Ham, onions and peppers

SEE ADD ONS FOR MORE CHOICES

BUTTERMILK PANCAKES (3) . 7.95 served with butter and syrup

ULTIMATE STACK 12.95 3 Pancakes filled with bacon bits topped with American cheese and eggs

BERRY GOOD PANCAKES 9.95 3 buttermilk pancakes topped with blueberries and strawberries

TRY ONE OF THESE FAVORITES!

MOZZARELLA STICKS (5) .. 10.95

MINI CRAB CAKES (5) 10.95 Served with Asian slaw and chipotle

CHICKEN WINGS (6PCS) ... 10.95

FRIED CHEESE RAVIOLI'S (4) 10.95

CHICKEN FINGERS (4) 10.95

SHELLS & CHEESE 10.95

Plain, Buffalo, BBQ, or Teriyaki

Served with side of Vodka sauce

served with Honey Mustard MAC N CHEESE BITES (8) ... 10.95

Side chipotle ranch

blend of cheeses

served with Marinara sauce



FAMOUS BANANA STACK 10.95 3 buttermilk pancakes topped with fresh bananas,



SUNRISE QUESADILLA 11.95 Grilled Steak with scrambled eggs and mozzarella cheese with a

side nacho chips

side of cinnamon butter

FRENCH TOAST

HEAVENLY FRENCH TOAST 10.95 opped with warm strawberries, bananas and chocolate chips served with side of innamon butte

OH MY FRENCH TOAST 10.95 topped with Nutella,



BLUEBERRY CRUMB STACK 11.95 Berry loaded with crumbcake and drizzled with caramel

9.95 filled with Oreo

cookie pieces

OREO PANCAKES (3) Buttermilk pancakes

RRITO 10.95 gg Whites, Turkey

THE BIG BOY

9.95

Eggs, Crispy Bacon,

Sausage, Grilled Ham &

ddar. Avocadó in a Spinach Wrap





sliced Red Onions &

Tomatoes on a Bagel

BREAKY

THE HANGOVER 10.95

an Éverything bagel

Philly Steak, Eggs

FAVS **GRILLED CHEESE 4.99** BLT 6.99 with Hellman's mayo on white toast

MERRICK......12.95 Egg whites, honey turkey, pacon & swiss

HEWLETT 9.95 Spinach, broccoli, feta and tomatoes

......10.95 SPANISH. Jalapeños, onions, ham and salsa

BRIE'S DELITE 10.95 Egg whites, pepper turkey & swiss

& sautéed mushrooms

THE CRASH \$9.95 Eggwhites, spinach, tomatoes, and mushrooms

SIDES

CRISPY BACON (4)..... 3.49 TURKEY BACON (4) 3.49 SAUSAGE PATTIES (2) . . 3.49 HOME FRIES 4.99 HASHBROWNS (2) 3.49

ROLLS/BAGELS

PLAIN BAGEL 1.6	69 EA / 19.95 DOZ
BUTTER	3.25
CREAM CHEESE	3.49
FLAV. CREAM CH	
 Chive •Veggie 	•Olive •Bacon
JELLY	ADD 0.75

REGULAR / DECAF Caramel FRENCH VANILLA CRUMB-CAKE FLAVOR OF THE DAY **ICED COFFEE**

REGULAR FRIES 3.95

WAFFLE FRIES 6.95

SWEET POTATO FRIES 6.95

BEER BATTERED ONION RINGS . 6.95

TATAR TOTS 4.95

WILLIE FRIES 9.95

cheddar w/ranch dressing on the side

Fries with Mozzarella and side gravy

LEAVE US A REVIEW HERE

TO HEAR FROM YOU!

Fries with crispy baconand melted

COFFEE

BAKED GOODS

Ask for flavors CRUMB/POUND CAKE

FRESH COOKIE •B&W •Choc Chip •S'mores •-M&M

POUND CAKE **BROWNIE**

YOGURT MUFFINS

RAINBOW COOKIE APPLE TURNOVER CHEESE DANISH



BRUNCH FRIES 10.95

• Regular Fries • Chives, Cheddar

 1 Egg Sunny Sideup



CRAZY TOTS 10.95 topped with Mac-n-Cheese, bacon bits and scallions

ONLINE ORDERING AVAILABLE

• EAT IN •



ADS "YOUR MOTHER ALWAYS SAID TO EAT YOUR GREENS"

AESAR SALAD	ITALIAN GRILLED CHICKEN SALAD 10.95 Grilled chicken, fresh mozzarella cheese, tomatoes, olives, roasted peppers, romaine lettuce with our creamy balsamic dressing
ettuce, tomato, red onions, cucumber and carrots HICKEN CAESAR SALAD 9.95 Tomaine, croutons, and shaved cheese Romaine, routons, with Our Homemade Caesar dressing	HIBACHI SALAD
MR. LONG SALAD	APPLE WALNUT SALAD

Asian grilled chicken, goat cheese, baby corn, raspberry vinaigrette Turkey, ham, American, Swiss, and hard boiled eggs

ALYSSA SALAD 10.95 Mixed greens, tomatoes, olives, roasted peppers, gorgonzola- All Chopped with creamy balsamic GREEK SALAD 10.95

MARY'S TUNA MISH 11.95 (ALL CHOPPED)

Dry tuna, arugula, romaine, tomatoes, olives, artichokes roasted peppers, provolone cheese with our balsamic vinaigrette

ADDITIONS

CHOPPED SALAD 1.00
TURKEY BURGER 4.99
GRILLED/CRISPY CHICKEN 2.99
GRILLED VEGGIES 1.99
HONEY TURKEY 2.99
BOAR'S HEAD TURKEY 2.99
GRILLED SHRIMP (5) 3.99
AVOCADO 1.49
DRIED CRANBERRIES 1.00

DRESSING CHOICES

SPRING 2023EDITION

Creamy Caesar • Honey Mustard Golden Italian • Ranch • Russian Blue Cheese • Balsamic Vinaigrette Oil & Vinegar • Pesto • Thai Peanut Mandarin Ginger • Chinotle **Roasted Pepperette** _EXTRA DRESSING 0.50

Did you know we make **lettuce wraps?**



🛂 THE HEALTHY WRAP \$12.95 Honey Turkey, colesíaw, cucumber carrots, Thai peanut dressing served in a lettuce wrap

\$1.99 Ea

CAECAD CALAD

carrots, and romaine lettuce

TRY OUR ACAI

1 Scoop...\$8.95 | 2 Scoops...\$10.95 INCLUDES: GRANOLA, BANANA, BLUEBERRIES,

STRAWBERRIES, COCONUT & HONEY

Pineapple | Mango | Peanut Butter | Pecans | Oreo Pieces | Nutella | Chopped Peanut Butter Cups | Chia Seeds | Hemp Seeds | Flax Seeds | Walnuts | | Almond Butter





1150 Hempstead Turnpike, Uniondale, NY **OPPOSITE NASSAU VETERANS MEMORIAL COLISEUM**

ONLINE ORDERING!

All Credit Card Transactions are subject to a 3.5% surcharge. No exceptions. Pay cash and save! **DUE TO MARKET CONDITIONS, ALL PRICES SUBJECT TO CHANGE WITHOUT NOTICE

OWNER/OPERATOR: MIKE PANTANO

www.PantanosGourmet.com (0) f



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WEL

THE RIG AL

(Consuming raw or uncooked meat may increase your risk of food borne illnesses)

Cheeseburger with lettuce, and tomato; served with Regular Fries	,
COLISEUM BURGER14.95	
Swiss cheese crispy bacon, fried onions, lettuce, tomatoes and BBQ sauce;	,

CAJUN SPECIAL14.95 Cajun style cheeseburger with sauteed onions, pepper jack cheese, lettuce, tomato and onion rings.

RACHAEL RAY14.95 Grilled veggie patty, fresh avocado, lettuce, tomatoes, goat cheese, and chipotle on a Brioche Bun; served with Regular Fries

THE JOEY BURGER\$14.95 Turkey burger, melted American, lettuce, tomato, mayo, and



THE BANG BANG BURGER \$15.95

Beyond Burger Patty, Mélted Swiss, Garlic Mayo, Smashed Avocado, Chinotle Aioli Everything Seeds. Top with Onion Rings; BEYOND MEAT Served w/ side of Cajun Tots



MY HEROES

Chicken | Shrimp | Eggplant | or Meatball

Chicken cutlet with Our Famous Vodka sauce

Chicken -or- Beef with sautéed onions and

mushrooms with melted American cheese

PARMIGIANA HERO13.95

CHICKEN VODKA PARM14.95

COLISEUM PHILLY12.95

THE NEW YORK CHEESESTEAK13.95

Sliced steak with sautéed onions, mushrooms,

provolone cheese, mayonnaise and ketchup



THE PEDRO DIA \$12.95

Spicy Grilled Chicken with sautéed Peppers & Onions Melted Pepper Jack. Chipotle Aioli Spinach Ouesadilla: served w/ side of Fried Rice

Choice of

with melted mozzarella

WHAT-A-BURGER 14.95

Cheeseburger with a fried egg, bacon, lettuce and tomato; served with regular fries

THE PERRI WRAP 14.95

Bacon Cheeseburger with lettuce, tomato, mayonnaise & ketchup w/ side of french fries



HOT DOG 3.49 THE CONEY ISLAND DOG 4.99 With sauerkraut and mustard THE MAC DOG...... 5.99



CRAZY GOOD

ketchup on brioche bun w/ side waffle fries

ADD \$1,00 FOR WRAP, PANINI, FOCACCIA, OR BAGEL ADD \$1.99 FOR HERO



THE HARRY 12.95

Oven Gold Turkey,

Crispy Bacon,

Avocados, Mixed Greens

and Tomatoes

MIKE'S HONEY TURKEY 12.95 Honey Turkey, Fresh Avocados, Candied Pecans, Shredded Carrots, Cucumbers, and Hellman's Mayo

THE PANTANO SPECIAL 12.95 Genoa salami, mortadella, ham, cappy, pepperoni, provolone, lettuce and tomato with Italian dressing

THE JIMMY HOFFA 12.95 Roast beef, turkey, ham, American, Swiss, lettuce, tomato and mayonnaise

CHICKEN SALAD BLT 11.95 Homemade chicken salad, crispy bacon, lettuce, tomatoes, and mayonnaise

BUFFALO BERTA 10.95 Buffalo Chicken Salad, pepper jack cheese, spinach, tomatoes with chipotle



BURATTA B KIDDIN' ME 🕻

Breaded eggplant,

buratta, prosciutto.

arugula, balsamic glaze

and famous red sauce

on a semolina hero

14.95

DRUNKEN **NONNA 14.95** Mom's Meatballs, Vodka Sauce, Creamy Burrata, on a Hero

CHEEZY CRAB

mashed Mini

Spicy Tatar Sauce,

Aelted Pepper

Jack, with Garlic

Challah Toast

Crab Cakes,

12.95



THE IRISHMAN WRAP 13.95 resh Sliced Roast Beef, Bacon Potato Salad Sour Cream & Onion Chips, Cheddar, ith Hellman's Mayo



SHRIM-PO ROLL UP 12.95 Chipotle Popcorn Shrimp. Coleslaw, Scallions, Spicy Tater Sauce, & Cheddar Cheese



THE BOMB 14.95 readed Jumbo Shrimp mozzarella cheese

vith Our Famous Vodka sauce and melted fresh on a garlic hero



THE GRUBFATHER 16.95 hilly Steak, Mac'n Cheese chopped onion rings, chipotle, and melted Swiss on a garlic hero

Ranch, Melted Cheddar

on Garlic Challah Toast

KENNY'S ITALIAN HERO 16.95

Salami, Mortadella, Ham Cappy,

Roasted Peppers, Mayo, Cherry Peppers, and Oil-n-Vinegar on a Semolina Hero

Shaved Prosciutto, Lettuce,

Pepperoni, Burrata,



\$3.99

THE CHICK-A-RITO BURRITO 13.95 Chicken Salad, Chopped Doritos, Chipotle Aioli, Melted Cheddar, Shredded Lettuce on a pressed Spinach Wrap

INCLUDES PASTA SALAD, CHIPS OR

FRENCH FRIES
8 CAN DRINK/ BOTTLED WATER

NO NAME NEEDED

THE NO NAME WRAP 14.95

creamy Buratta, pesto-mayioli

Grilled Tomato Wrap

Chicken Cutlet, shaved prosciutto,



PASTRAMI MAC MELT 13.95 Grilled Pastrami, Melted Cheddar, Onion Rings, Brown Gravy on Grilled Garlic Challah Toast

BIG CHEEZE MAC MELT 12.95 Philly Steak-Mac-N-Cheeze, Pepper Jack, Cheddar, Chipotle Aioli, Garlic Challah Toast



THE SEBASTIAN 17.95

Italian Combo w/ Shaved Prosciutto Cherry and Roasted Peppers, Arugula reamy Burrata, Breaded Eggplant, 'esto Áioli & Balsamic Glaze

PRESSED TO ORDER PANINIS

SERVED ON A PLAIN OR WHEAT GRILLED PANINI WITH HOMEMADE PASTA SALAD



\$3.99 MORE

LITTLE PL

INCLUDES PASTA SALAD. **CHIPS OR FRENCH FRIES** & CAN DRINK/ BOTTLED WATER

CHOICE OF ON A ROLL, WHITE, RYE, OR WHEAT BREAD

ADD \$1.00 FOR WRAP, PITA, BAGEL, FOCACCIA OR PANINI

ADD \$1.99 FOR HERO

SERVED WITH HOMEMADE PASTA SALAD

THE LITTLE PJ 13.95

PHIL SPECIAL 11.95
Grilled roast beef with
Italian dressing, lettuce, tomato,
garlic bread & melted mozzarella

BURATTA B KIDDIN ME. 13.95 Breaded eggplant, buratta, prosciutto, arugula, balsamic

glaze, and famous red sauce THE ISLANDER 11.95

Grilled roast beef, gravy, mozzarella with gralic bread

cheese, sauerkraut, and

Russian dressing

THE JESSIE 12.95
Grilled pastrami, cheddar,

brown gravy, mayo and tator tots inside the sandwich

THE JENNY-LIOUS 10.95 Chicken cutlet with melted

THE RED STAR 11.95

American, lettuce and mayo

Chicken cutlet, honey ham, melted Swiss, with creamy

& creamy Russian dressing

Chicken Fingers, Melted Swiss, Mac-n-Cheese, Onions Ring on Garlic Bread with Chipotle Dressing

NONNA URSULA10.95 Asian grilled chicken, spinach in garlic and oil, with melted provolone cheese THE CHRISTINA10.95 Chicken cutlet with grilled prosciutto,

and balsamic glaze ITALIAN CHICKEN MELT10.95 Grilled chicken with roasted peppers, fresh mozzarella with a creamy pesto on a grilled rustic panini

goat cheese w/ southwest mayonnaise

sun dried tomato, melted provolone

THE HOW-U-DOIN11.95
Grilled Chicken, Brocoli Rabe, G+O, Smoked Mozzarella, Roasted Pepper Dressing

THE CALABRESE9.95 Fresh mozzarella, roasted peppers, tomatoes, pesto and balsamic vinaigrette

dressing, topped with macaroni salad

BBQ sauce

caesar dressing

fried rice and chipotle dressing

SERVED WITH HOMEMADE PASTA SALAD

CHOOSE FROM SPINACH, TOMATO, WHOLE WHEAT & PLAIN



Breaded eggplant with ricotta cheese, sundried tomatoes, spinach, garlic & oil and pesto served on a pressed pita panini THE KEVIN BACON 10.95

Pepper turkey, turkey bacon and pepper jack cheese with our creamy ranch dressing served on a pressed pita panini

THE MARCO PANINI 10.95 Fried cheese ravioli, marinara sauce melted mozzarella, sundried tomatoes in a pressed rustic panini

THE FRANCISCO 13.95 Chicken cutlet with breaded eggplant, fresh mozzarella and our famous vodka sauce



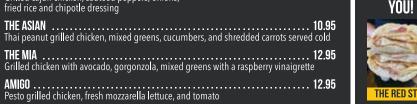


THE DRUNK WRAP 13.95 w/ fresh mozzarella toasted tomato wrap



`hicken vodka parmigiana and ricotta cheese on a

#1 SELLING WRAP



THE RUREN

TO FEED

ney mustard THE RED STAR

lettuce, tomato & honey mustare

THE FELICIA (FOCACCIA)11.95 Balsamic Grilled Chicken, Fresh Mozzarella, Bruschetta, Arugula, Roasted Pepper

THE GUIDO 11.95 Chicken Cutlet with melted American, crispy bacon and creamy Russian dressing

"MADE WITH NONNA'S HOMEMADE MEATBALLS"



HE HECTOR

Smashed meatballs, Wenzel Buffalo Sauce, Creamy Ranch, Swiss, Mac & Cheese on a Garlic Brioche Bun

SLOPPY WENZEL 12.95

SLOPPY 2NDS 10.95 Smashed Meatballs, Bacon, Eggs Over EZ, Melted Cheddar, Chipotle, on a Garlic Brioche Bun



THE ROB

Boneless buffalo chicken with jalepeños, mozzarella, lettuce, and blue cheese

SLOPPY DRUNK 12.95 Smashed Meathall Sautéed Onion, Grilled Pepperoni, Melted Mozzarella, Famous Vodka Sauce on a Garlic Brioche Bun



SLOPPY ITALIAN 14.95

Smashed Meatballs Grilled Prosciutto, Creamy Burrata, Pesto-Marinara-Vodka sauce on a Garlic Brioche Bun



SLOPPY GIUSEPPE 11.95

Smashed Meatballs, Sautéed Onions Gravy Marinara, Melted Mozzarella on a Garlic Brioche Bun

SLOPPY MESS 12.95

Smashed Meatballs, French Fries, Onions Rings, Melted Mozzarella, Gravy , on a Garlic BriocheBun



PANTANOS DOZ. BAGELS



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